



UNC REX
HEALTHCARE

Digestive
Healthcare

Preparation for EGD/EUS

Name: _____ Date: _____ Arrival Time: _____

Physician: _____ Location: _____

- DO NOT TAKE PHENTERMINE FOR 7 DAYS DAYS BEFORE YOUR PROCEDURE
- DO NOT TAKE IRON FOR 5 DAYS BEFORE YOUR PROCEDURE
- IF YOU TAKE ASPIRIN DAILY, DO NOT STOP IT BEFORE YOUR PROCEDURE
- DO **NOT** SMOKE ON THE DAY OF YOUR PROCEDURE, INCLUDING SMOKING TOBACCO, ELECTRONIC CIGARETTES, MARIJUANA, CIGARS, AND/OR PIPES

- Diabetic medicine adjustment: Do not take any diabetic medications on the day of your procedure until you return home and start eating again.

- Take your usual morning medications on the day of the exam unless the nurse or scheduler instructs you otherwise.

- Do not eat or drink after midnight the evening before your exam.

- If your test is scheduled after 12:00 pm (noon), you may have clear liquids until _____ on the morning of your exam.

- **DO NOT DRINK ANY LIQUIDS FOR AT LEAST 2 FULL HOURS BEFORE YOUR ARRIVAL TIME**
- **YOUR DRIVER MUST STAY AT THE CENTER FOR YOUR ENTIRE APPOINTMENT**
- **THIS EXAM MAY REQUIRE AN OVERNIGHT HOSPITAL ADMISSION**

Call nursing at (919)791-2040 with any questions.

www.rexdigestivehealthcare.com